

Surgery information

Before surgery

- Please get your blood tests done 2 days prior to your surgery
- You will get a call from Prof Obermair's rooms approximately 6pm the day before your surgery advising the specific time of admission and fasting time

Day of surgery

- Fast for 6 hours before surgery – nothing to eat (including chewing gum), drink, or smoke
- Take your regular medications with only a sip of water
- Shower at home. No soaps, creams, deodorant, or powders etc please
- Present to hospital reception – they will direct you to surgery lounge
- Pre-op tests will be completed (blood pressure, ECG, temperature etc)
- You will change into a theatre gown with disposable underwear
- You may be waiting a while at this stage, so bring something to read
- You will be seen by the anaesthetist
- A cannula will be inserted into your arm for fluids during theatre
- You may be given medication to help you relax
- Your valuables will be taken with you to the ward after surgery

After surgery

- You will spend 1-2 hours in recovery before you are taken to the ward
- Upon arrival, ward staff will contact your next of kin. Please ensure all phone numbers are current
- You will generally not have anything to eat or drink for a few hours after surgery
- You may have a PCA (patient controlled analgesia) for pain control
- You will probably have a drip for intravenous fluids
- You will likely have an indwelling catheter in place to drain your urine
- You may also have a drain coming out of your abdomen. This drains excess fluid out into a bag, that may otherwise collect internally at the operation site
- Prof Obermair will see you at the end of his operation list OR the next morning
- Ward staff will monitor your vital signs regularly, then 4 hourly overnight

PROF ANDREAS OBERMAIR – GYNAECOLOGICAL ONCOLOGIST

Level 13, 149 Wickham Terrace, Spring Hill QLD 4000

Phone: 07 3128 0800

Fax: 07 3831 6770

What to bring

- Your usual medications
- Loose fitting nighties
- Reading material (for waiting times before surgery)
- Stable comfortable footwear ie, slippers
- Minimal valuables (not in excess of \$50)

After discharge from hospital

- Recovery time is individual and based upon your surgery
- Upon discharge from hospital please read the Recovery brochure in your hospital paperwork
- A supply of pain medication for the next 1-2 weeks will be supplied to you
- You will be contacted at home by Dr Robyn to discuss any concerns regarding your recovery (pain, wound, bleeding etc)
- You will have a postop appointment with Prof Obermair within 2 weeks
- Please phone the practice on 07 3128 0800 or the hospital where you had your surgery if you have any concerns
- If you need a medical certificate or a carers certificate for a family member please contact my rooms.

PROF ANDREAS OBERMAIR – GYNAECOLOGICAL ONCOLOGIST

Level 13, 149 Wickham Terrace, Spring Hill QLD 4000

Phone: 07 3128 0800

Fax:07 3831 6770